

# One Page Profile for Cathy Henthorn



## Great Things About Me\*

- \* Knowledgeable
- \* Carefully Analytical
- \* Caring
- \* High Ethical Standards
- \* Dependable and Dedicated
- \* Resourceful
- \* Always Positive
- \* Strong Work Ethic
- \* Quick to Offer a Helping Hand

## Some Important TO Me . . .

- \* To accomplish a variety of meaningful tasks daily
- \* To have opportunities for continuous learning
- \* To be a resource for internal and external customers
- \* To have time to complete thorough analysis for decision-making and projects
- \* To work with a positive and cooperative team
- \* To be in touch and informed with and by leadership
- \* To have a mix of working independently and as a team
- \* To have time for a quick non-working lunch or break

## Things That Can Be Done to Support Me at Work

- ◇ Keep me informed of changes or decisions that affect work assignments or planning
- ◇ Allow me time to organize my thoughts and information
- ◇ Provide adequate time to plan and be a resource to our team, customers and stakeholders
- ◇ Understand that I need some time (even if only a few minutes) to debrief during the work day, so that I can be the most productive
- ◇ Understand that sarcasm and condescending approaches often make me feel uncomfortable
- ◇ I need to have music while paying working and driving to work locations

